

Horizons Extra

Spring 2013

Lifelong Education at Colby-Sawyer College

Study Leader Profile



Jack Barrett

Jack Barrett: A Circuitous Path to the Study of Architecture

When Jack Barrett is asked how he came to be knowledgeable about Renaissance architecture, he claims that he “strayed” into the study of architecture. Although his path was both circuitous and serendipitous, there was nothing haphazard about his search. His thirst for knowledge propelled him into several different disciplines, including architecture.

At Haverford College, Jack studied pre-med while majoring in German literature, a somewhat unlikely combination and a harbinger of pursuits to come. After medical school in Boston, Jack and his wife, Ellen, moved to Philadelphia for his cardiac residency. Following his residency, Jack was a teaching doctor

Continued on page 5

Study Leader Profile

David Wood: Exploring the Origins of Human Morality



David Wood

Altruism, honesty and monogamy—are these human behaviors learned or genetically encoded? If genetically based, how does a behavior such as altruism conflict with Darwin’s theory of survival of the fittest and the resulting fierce competition? Does it come from yet another source? These questions will be put forth in David Wood’s course, “The Biology of Morality,” which is being offered in the spring term.

David now resides in Grantham with his wife, Carol. He was born in Wilmington, Del., the heart of the chemical industry, and his dad worked at DuPont. David married his high school sweetheart, Carol, whose father was also employed in the chemical industry. Thus it is not surprising that David became a biochemist. He holds a B.A. in biochemistry from Harvard and a Ph.D. in cell biology from the Rockefeller University. David has published over

Continued on page 3

In this issue:

Page 2

- The “Poetry Posse” Rides On
- Benefit of Lifelong Learning
- ALL Reaches Out to the Community

Page 3

- ALL’s New Scholarship Recipient
- Lifelong Learning at Its Best

Page 4

- Preview of Spring 2013 Courses

Page 6

- ALL Happenings
- Extending Your ALL Course Experience

Page 7

- ALL Study Leader News

Save the Date
Annual Meeting
Thursday, May 16, 2013
at 4 p.m.

Visit the Adventures
in Learning website at
[colby-sawyer.edu/
adventures](http://colby-sawyer.edu/adventures) to view
articles, photos and
the spring 2013
course catalog.



Benefit of Lifelong Learning

It is common knowledge that the brain thrives on physical and mental activity. Exposing yourself to new, stimulating ideas and experiences keeps your mind agile and builds up your “cognitive reserve”—a major benefit of lifelong learning.

“The Poetry Posse” Rides On

Sometimes an Adventures in Learning course can lead to far-reaching consequences. So it was with “A Sampler of New England Poets,” a course led by Natalie Davis and Ann Lang back in the fall of 2003. Each week the participants read and discussed the work of one or two New England poets, often with the added treat of personal visits by the poets themselves. Sometimes the course members shared and discussed their own poetry.

The group enjoyed the course so much that a number of the members did not want it to end. They formed their own group, called themselves “The Poetry Posse,” and still get together ten years later!

Natalie and Ann had met through mutual friends and discovered that they shared many interests. Both were former high school English teachers, Natalie at Kearsarge Regional High School and Ann at Darien High School in Connecticut. Both had taken an AIL course on Robert Frost and enjoyed long walks together during which, as Natalie says, “We talked and talked.” They found that between the two of them they had contacts with a number of area poets and the notion grew that it really would be fun to lead a poetry course together. And so “A Sampler of New England Poets” was born and from it, “The Poetry Posse.”

The Posse meets today on an informal basis, usually every other month, accompanied by a glass of wine, in one of the member’s homes or in a special location particularly suited to the poetry of the day. Sometimes they travel to poetry readings in area towns. The members who come to the gathering bring either a poem they have written or one they especially like. The poetry is read aloud because the depth and meaning of a poem is not reached until the second, third or subsequent reading. Over the years The Posse has become a genuine community of people who care about each other and share a deep love of poetry—all originating from an AIL course in 2003!

~Heidi Beckwith

AIL Reaches Out to the Community

Since July 2012, AIL study leaders have been participating in the “Adventures in Learning Community Enrichment Program” at Woodcrest Village in New London. The program involves monthly presentations of about 45 minutes on a variety of subjects, with another ten minutes for Q & A. Morris Edwards, Les Norman, Joanna Henderson, Sheldon Boege, Jim Bowditch and Julie Machen have spoken about a topic from a recent course or on an issue of current interest. Arne Vesilind will be speaking in February about Estonia.



Julie Machen entertains Woodcrest residents on January 24th with the colorful story of the Vanderbilt family and how they squandered the Commodore’s great fortune.

The program is free of charge and open to all, but primarily is intended as a service to the residents, many of whom are physically unable to attend a regular AIL course. Woodcrest residents have embraced each program with great enthusiasm. Woodcrest Activities Director Donna Baker-Hartwell is thrilled to have this stimulating educational addition to their monthly events calendar. The program is usually scheduled for the third Thursday of each month at 3:30 p.m. and is publicized in *The Kearsarge Shopper*. Although AIL study leaders have been the only presenters to date, other members of AIL who would like to participate and lead a session on a topic of interest should contact Joanna Henderson, chair of the Curriculum Committee (hendersonj135@gmail.com).

~Betsy Boege



Lauren Rocheleau

Our New AIL Scholarship Recipient

Lauren Rocheleau is the recipient of the 2013 Adventures in Learning Achievement Award. She is from Stratham, N.H., and is a junior at Colby-Sawyer College who is continuing her studies majoring in nursing.

An outstanding student, she was named to the Dean's List following her fall 2010 and spring and fall 2011 semesters. Lauren participates in many campus-wide activities. She is a mentor to prospective nursing students, leads biology study sessions and volun-

teers her time in community service efforts such as flu shot clinics and blood drives.

Lauren is the fourth recipient of the Adventures in Learning Achievement Award, which each year provides scholarship funds for a Colby-Sawyer junior. At Colby-Sawyer over 90 percent of the student body receives financial assistance of some kind. Without the support of organizations such as AIL that have established named scholarships, many young adults would not be able to attend and take full advantage of the abundant options on campus for academic and personal development.

~Betsy Boege

Lifelong Learning at Its Best

At the close of each AIL term, study group leaders and their Curriculum Committee contacts attend a wrap-up session together. At this time study group leaders exchange personal experiences from their courses, are encouraged to make suggestions for the improvement of the overall AIL program and are given their completed class evaluation forms. At the recent 2012 fall wrap-up session, Morris Edwards shared a comment from two AIL members who took his poetry course, "England's Romantic Poets Up Close and Personal." It is an example of lifelong learning at its best and the pleasure that comes from leading a course. Below is Morris' comment:

"I'd like to tell a story about an elderly couple in the class. She is 89 and her husband is 90+. Neither had previously been particularly interested in poetry, but they signed up, not knowing what to expect. After two weeks of reading poetry together, they wanted me to know that the experience had "opened up a new world" for them. Imagine seeing the world anew at their age! Talk about lifelong learning! They now read poetry to each other. I was so touched by their comments."

Upcoming trip to Spain

AIL members are invited to join the next Colby-Sawyer College Alumni and Friends trip to Spain, May 20-30, 2013, led by Professor of Humanities



Randy Hanson. Tom Galligan, president of Colby-Sawyer, and his wife, Susan, will join the trip. For more trip details click [here](#).



David Wood

(continued from page 1)

50 primary research papers and reviews, contributing to current theories of evolution and cell-to-cell communication. His career was spent in medical research, primarily within the pharmaceutical industry including Merck, Pierce and Bayer.

When I met with David, I wanted to understand how he became interested in evolutionary psychology. He responded that he had always had a strong connection with religion, at one time considering a career in the ministry. From his observations, David sees traits in those who are part of a religious community that he feels are unique. The book, *Language of God*, by Francis Collins, who ran the human genome project and is now a born again Christian, also influenced David to pursue this path. In this book Collins puts forth the theory that pure altruistic behavior among humans and animals can only be the gift of a superior being.

While David has no formal training in evolutionary psychology, he has years of experience in the evaluation of scientific evidence. He does not promise to give a definitive answer to the question of where human morality comes from, but will provide some interesting contemplative information and food for thought!

~Joyce Kellogg

Preview of 2013 Spring Courses

Registration is now open for spring courses, most of which begin the week of April 15. To view the complete spring course catalog and a full description of each course with time and venue, click on www.colby-sawyer.edu/adventures/courses.html. To print a copy of the registration form, click on www.colby-sawyer.edu/adventures/register.html. Registration deadline is March 15. Be sure to register now to ensure a place in the course(s) of your choice.

- **The Biology of Morality** with *David Wood*
Beliefs are derived from multiple sources and this course will emphasize the influence of genetics and our environment on our beliefs. How do these factors influence altruism, honesty and monogamy? Insights that science has provided into human belief and behavior will be drawn from anthropology, psychology, animal behavior, game theory and genetics, woven together by the theory of evolution.
- **Beginning Figure Drawing** with *Chris Bowditch*
Designed for students who are beginners or those who want an opportunity to continue building on their skills, participants will learn basic figure drawing techniques using a variety of media—pencil, charcoal, pastel, conte crayon and watercolors.
- **Religion in Collision II: The Medieval Age** with *Art Rosen*
The Medieval Age was a violent time: clashing tribes, marauding horsemen and raiding sea people. Some have called it a dark and corrupt age, others a time of order and heroism. Key events during a 500-year period (1000–1500 CE) with an emphasis on the development and collision of religious and political institutions will be covered.
- **Eighty Years of Social Change in the U.S. (1933-2013)** with *Hilary Cleveland*
The social fabric of the United States has changed drastically in the last 80 years. Participants will examine and discuss the influence of immigration, legislation and the media on American society from the 1930s through present day. The focus will be on the changes that occurred as a result of the New Deal, World War II, the Civil Rights Movement, Women's Liberation and the impact of TV and the computer.
- **The First Amendment to the U.S. Constitution** with *Tom Galligan and Dick Pearson*
Led by two constitutional scholars, this course will explore the meaning, limits and issues that surround the First Amendment that guarantees freedom of speech and the press. Primary focus will be on Supreme Court cases, but cases from other courts and commentary from observers of the First Amendment scene will also be considered.
- **And the Bands Played On: A History of Big Band Jazz** with *Dan Schneider*
The course will trace the history of big band jazz from its origins in the 1930s (Goodman, Basie and Ellington) to the current day, through the use of selected listening examples and discussion. The focus will be jazz history rather than nostalgia, as big bands made the transition from dance halls to present-day concert halls.
- **Renaissance Architecture** with *Jack Barrett*
Renaissance architecture is the visual embodiment of what the Renaissance stood for. In six informal, illustrated lectures, the essential tenets of Renaissance architecture will be revealed in the buildings of its earliest practitioners in Florence. The course will show how these ideas eventually were altered, sometimes distorted or torted, as the style spread to Rome and Venice, northern Europe and America.
- **Changing Course: Transformation in Contemporary Africa** with *Thomas Hull*
Diplomat and former U.S. Ambassador Thomas Hull will explore the enigma of sub-Saharan Africa. This four-session course will impart, through presentation and discussion, a better understanding of the formidable challenges Africans face, the prospects for surmounting them and the contributions the outside world is making to Africa's transformation.
- **How Science Was Born and Why It Matters Today** with *Dick Schwemm*
Using the "Copernican Revolution" as an example, the course will discuss how modern science evolved from natural philosophy, which in turn evolved from ancient mythology. Examples from physics, chemistry and medicine will be used showing how the scientific community confronted and attempted to overcome the objections of those who held beliefs which they proclaimed infallible. The course will conclude with a discussion of three modern scientific theories—relativity, evolution and global warming.
- **The New England Transcendentalists** with *moderator Joanna Henderson*
Today most people understand Transcendentalism to be an intellectual movement whose members were the movers and shakers of many different progressive issues, including the abolition of slavery and the rights of women. Were they brilliant eccentrics or somewhat loony geniuses? This multi-speaker lecture series also examines the historical events and culture that enabled this group to be so influential and will include an optional field trip.

Preview of 2013 Spring Courses (continued from page 4)

- **The End of Life, a Discussion Among Friends** with James Young, MD
Dr. Young will be supported by a course leadership team for a discussion of the end of life. The issues are organized into four topics: medical, legal, religious and community. Each subject will be introduced during the first hour of each course session while the second hour will be spent in discussions facilitated by the course leadership team. This course is back by popular demand, and open *only* to those people already on the waiting list from the fall course registration period. Call (603) 526-3690 if you would like to be added to a new waiting list.
- **The White Mountains: 200 Years of Tourism and Recreation** with Julie Boardman and Dwight Wilder
Once described as “the Switzerland of America,” the White Mountains contributed significantly to the emergence of tourism as a major component of the New Hampshire economy. Beginning with Abel and Ethan Crawford who constructed the first path to the summit of Mount Washington in 1819, this course will explore the continuing attraction of the North Country in three sessions and a one-day field trip to several key locations.
- **Oscar Wilde, His Life and Works** with Les Norman
The course will follow the trajectory of Oscar Wilde’s life: first, his peacock display of extravagant living and witty self-publicity; second, the personal and financial success of his comedies on the London stage; and third, his disgrace, ostracism and ruin. Participants also will view several DVDs which have given us a faithful record of a remarkable man and unique talent.
~Joyce Kellogg

Jack Barrett (continued from page 1)

at the Hospital of the University of Pennsylvania, where public speaking became an integral part of his profession. In Philadelphia his first serious interest in art was sparked when he and Ellen took their young daughters to the Philadelphia Museum of Art.

Jack’s next position took him to another teaching hospital in Redding, Pa., where he encountered many patients who had been expelled from Eastern Europe and who spoke German. As a German literature major, Jack read but was not fluent in spoken German, so he took courses to be able to converse with his patients. In 1977 his love of travel and fluency in German took him on a mini-sabbatical in Vienna, his first of many visits there.

When Jack and Ellen decided to retire, they looked to New Hampshire, where they had a summer cottage on Lake Winnisquam. On a ski weekend in 1990, with no rooms available in Hanover, they were sent to Lyme and immediately fell in love with this valley town and built their home there. After another sojourn to Europe where Jack worked in Lutheran Mission Service in Dresden, Germany, he returned to settle into life in New Hampshire, where Ellen had discovered the ILEAD lifelong learning program. He started taking courses and was quickly asked to teach his own. He has since taught 12 courses at ILEAD and taken many others.

In 1994 Jack and Ellen returned to Vienna to visit their daughter who was studying architecture on a fellowship. Jack’s black-and-white photography hobby drew him into the streets to capture the fascinating turn-of-the-century architecture of Vienna. Here he found a new passion: the architecture of Otto Wagner, whose Postal Savings Bank

building was visible from Jack’s apartment windows.

It should not surprise the reader that Jack was not content just to photograph beautiful buildings. His curious and analytical mind led him to study Otto Wagner and his contemporaries, which became the inspiration for Jack’s 2011 AIL course, “Architecture of Turn-of-the-Century Europe.”

From the study of Viennese architecture, it was only a small leap for him to turn to the study of Renaissance architecture. When Jack and Ellen had the opportunity to visit Florence, he continued his photographic cataloguing of beautiful buildings. With his personal photographs, architectural knowledge and intimate understanding of many of the buildings, Jack created “Renaissance Architecture,” the course he will lead for AIL this spring.

As we discussed Renaissance architecture, I asked Jack if he had a favorite building. He thought a moment and chose Santo Spirito, a Florentine church by Brunelleschi, because it is a “spiritually moving, gentle, modest building.” I think many of those same adjectives could be used to describe Jack. In addition to Jack’s interest in travel, all things Viennese, architecture, photography, German—including translating a dozen books, he is an avid skier and gardener, growing most of the vegetables he and Ellen eat year-round.

In a final note to our interview, Jack mentioned that he found it ironic, as a doctor, to be part of an “AILing” organization. Jack’s humor and warmth, combined with his extensive knowledge and beautiful photographs, will make his course a delight, both mentally and visually.

~Deb Rucci

Adventures in Learning Happenings

PHOTO: Maureen Rosen



The speakers in the fall lecture series, "Six Great Americans Who Were Also Secretaries of State," each highlighted a different Secretary of State, some of whom had major accomplishments. Left to right: David Bashaw, John Ferries, Bill Dowd, Joanna Henderson, Tom Galligan and Bill Helm.



Drawing and Portraiture." Chris will be leading another drawing course this spring, "Beginning Figure Drawing," for novices or those who want an opportunity to continue building their skills.



PHOTOS: Chris Bowditch

A sample of artwork from Chris Bowditch's fall course, "Basic

PHOTO: Maureen Rosen



Morris Edwards, AIL president, presents Sharon Ames with an engraved clock in appreciation for her key role as AIL program manager from the start of the organization until 2010. Sharon retired from Colby-Sawyer College this past December.

Thursday's Child



Left to right, Charlie Kellogg, Bob Mack, Joyce Kellogg and Jennifer Mack.



Left to right, Kathy and Joe Carroll.

PHOTOS: Maureen Rosen

ALL members enjoy delicious food and good company at AIL's Thursday's Child dinner at the Coach House Restaurant at the New London Inn on December 6, 2012. Net proceeds benefited the AIL Achievement Award Fund, which supports a scholarship given annually to a deserving Colby-Sawyer junior. See [page 3](#) for information about this year's recipient, Lauren Rocheleau.



Left to right, Glenda Cavallaro, Art Rosen and Dick Cavallaro.



Left to right, Sandy and Tom Stark.

Extending Your AIL Course Experience

The Elderhostel Institute Network (EIN) website covers lifelong learning in the United States and often includes information in their monthly newsletter on the Adventures in Learning program. In the January 2013 edition there was an article noting two AIL winter courses, Aarne Vesilind's "I Like That Music! Who Wrote It?" and Bill Helm's "Tulips, Trade and Art:

The Netherlands' Golden Age." The article mentions that AIL members enrolled in these two courses might want to extend and continue their learning experience by attending several relevant Road Scholar programs: Distinguished Artists of Piano, Violin, and Conducting, *Program #20854RJ*; Inside the Peabody Conservatory of Music, *Program #20832RJ*; The Impact of Recording Technology on Great

20th Century Composers and Their Music, *Program 20834RJ*; The Old Masters: Art Treasures of Holland, *Program #9504RJ*; Tulipmania, *Program #10137RJ*; or Art History in Belgium & Holland, *Program #3544RJ*. For more information about these educational adventures check out www.road-scholar.org or contact frania.monarski@roadscholar.org. Road Scholar is the educational and travel arm of EIN.

Board of Directors

Morris Edwards, *president*
 Joanna Henderson,
vice president
 Joyce Kellogg, *secretary*
 Tom Stark, *treasurer*

Directors at Large

Dick Cavallaro
 Van Crawford
 John Ferries
 Chuck Kennedy
 Ann Lang
 Gene Lariviere
 Mike Moss
 Dan Schneider
 Pat Stewart
 Arne Vesilind

Ex-officio

Betsy Boege
 Kathy Carroll
 Julie Machen

Public Relations Committee

Betsy Boege, *Chair*
 Heidi Beckwith
 Sheldon Boege
 Maggie Ford
 Joyce Kellogg
 Maureen Rosen
 Deb Rucci

Check out events that are open to the public this spring at Colby-Sawyer College!

www.colby-sawyer.edu/events

www.colby-sawyer.edu/campus-life/campus_activities/culturalevents/Spring2013.html

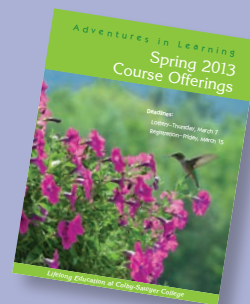
AIL Study Leader News

AIL study leader Joan Lambert ("Empowering Women Across the World," spring 2011) has published a new book, *Ice Burial*, the third book in the Mother People series. As per the author, "*Ice Burial* recounts the very first human murder mystery. Otzi the Iceman died 5,500 years ago and was discovered in 1991 by a pair of startled hikers in the Italian Alps. The novel not only tells us why and how he died, but it also reveals a compelling love story and a dramatic, action-filled adventure whose plot revolves around a deadly conflict between competing spiritual and cultural beliefs that could have taken place in today's Afghanistan." Joan reports that her *Circles of Stone* (1997) is now available as an e-book. Both books are also available on the Joan Dahr Lambert page on Amazon. Happy Reading!

~Betsy Boege

REMINDER: Registration deadline for spring courses is Friday, March 15.

Click [here](#) for registration forms.



Adventures in Learning's *Horizons Extra* highlights the activities of the lifelong learning program at Colby-Sawyer College.

The thoughts and opinions expressed in the articles in this publication are strictly those of the respective authors. Information offered should not be considered authoritative or complete, nor should it be construed to reflect the views or opinions of the Adventures in Learning program or Colby-Sawyer College.

Credits

Design and Production:
 Lisa Swanson, Second Story Design
 Manchester, N.H.

Inclement Weather Policy

Adventures in Learning follows the Kearsarge Regional School District policy on weather closure. For information on the district's cancellations call (603) 526-2051 extension 224. If a question remains about a course cancellation, please call your study group leader.



PHOTO:
 Maureen Rosen