

Adventures in Learning

Summer 2023

Course Offerings



Registration Opens: Monday, May 15, 2023 at Noon

Registration Closes: Friday, June 2, 2023



Colby·Sawyer
College

Lifelong Education at Colby-Sawyer College

Adventures in Learning

Summer 2023

Term at a Glance

Cover Photo
"Clematis"
by Joan Eaton

TUESDAYS

- 9:30 - 11:30 a.m. **It's All About the Hike: An Introductory Class in Hiking** / Susan Chiarella
3 weeks beginning Jun. 20 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College
- 3:30 - 5:30 p.m. **Oral Storytelling**/ Bruce Cronin
4 weeks beginning Jun. 20 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

WEDNESDAYS

- 9:30 - 11:30 a.m. **A Medical Odyssey in Tanzania** / Don Catino
3 weeks beginning Jun. 21 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College
- 3:30 - 5:30 p.m. **Basic Drawing** / Carol Emanuelson
5 weeks beginning Jun. 21 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

THURSDAYS

- 9:30 - 11:30 a.m. **How to Self-Publish Your Book** / Tom Farnen
3 weeks beginning Jun. 22 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College
- 3:00 - 5:30 p.m. **Four by Four: A Festival of Summer Films** / Beverly Marshall, Lee Mayman, Ginger
Milord, & John Peterman
4 weeks beginning Jun. 22 in the AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

Disclaimer: The views and opinions expressed in Adventures in Learning classes and presentations are those of the individual presenters and class participants and do not necessarily represent the views and/or opinions of AIL or Colby-Sawyer College.

It's All About the Hike: An Introductory Class in Hiking

Study Leader: Susan Chiarella

Tuesdays, 9:30 – 11:30 a.m.

3 weeks beginning June 20 (6/20, 6/29, & 7/11)

AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

Maximum number of participants: 12

This class, offered in conjunction with the Sunapee Ragged Kearsarge Greenway (SRKG), will focus on how to enjoy venturing out on trails in New Hampshire and how to find places to hike on your own or with a group. Discussions will focus on hike preparation. Topics include: basic navigation, emergency gear, equipment, footwear and the basics of what to carry.

Part one of the class will take place in the AIL classroom looking at samples of clothing, packs, guidebooks and emergency gear. The final two sessions will take place outdoors on a hike in the area. Participants should be able to hike three miles on easy but uneven terrain.

Recommended Course Materials:

- *SRK Greenway Trail Guide* (\$14)
- *SRK Greenway Trail Map* (\$7)

Both the trail guide and map will be available for purchase at Morgan Hill Bookstore.

Using these resources, we will learn how to read the map, find your trail head, interpret terrain, estimate the time needed for your hike, navigate the trail and get home safely. Specific hikes will be determined during the classroom session.



Susan Chiarella

Susan has many years of hiking experience in New England. Additionally, she has hiked in British Columbia, Alberta, Nova Scotia, Quebec, Alaska, Arizona, Hawaii, and Madeira Island, Portugal. She formerly volunteered as a hiking instructor for NH Fish and Game's *Becoming an Outdoor Woman* program held at Squam Lake. Currently, she serves as one of the directors for the Sunapee Ragged Kearsarge Greenway Coalition, the organization based in New London that maintains a regional 75-mile hiking trail system. She is an avid snowmobiler and kayaker who resides with her husband, Michael, and four-legged companion, Corgi, in Springfield, New Hampshire.



Bruce Cronin

Bruce Cronin has had a lifelong association with media and entertainment. He retired from Emerson College, where he headed up the film program and taught courses in film production and screenwriting.

Along the way, he wrote, produced and directed a number of independent films, including *Henry Phipps Goes Skiing* and *The Wild Goose*, cast with local people from the Lake Sunapee Region.

Bruce's first leadership association with Adventures in Learning was in Summer of 2022 when he taught a course called *Sleight of Hand Magic*.

Oral Storytelling

Study Leader: Bruce Cronin

Tuesdays, 3:30 – 5:30 p.m.

4 weeks beginning June 20 (6/20, 6/27, 7/11, & 7/18)

AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

Maximum number of participants: 10

What is your story?

In the spirit of old-time storytelling – people sitting around the campfire spinning yarns – Bruce Cronin will host an assemblage of willing storytellers in a comfortable, relaxed setting.

There will be few guidelines or restrictions as participants will be invited to share fanciful stories of different stripes: biographic, fiction, tragic and comic, to name a few. Certain elements of classic storytelling such as premise, character, crisis and conflict will be touched upon, but not dictate the tenor of the gathering, recognizing that intuition is of equal value to an engrossing story.

Enrichment will be the goal. Fun will be the ingredient that flavors the experience.

Join Bruce this summer in the exploration of the mysteries of life and human behavior through the sharing of stories.

A Medical Odyssey in Tanzania

Study Leader: Don Catino

Wednesdays, 9:30 - 11:30 a.m.

3 weeks beginning June 21 (6/21, 6/28, 7/5)

AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

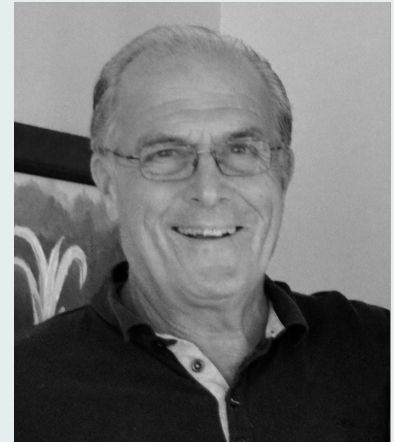
Maximum number of participants: 35

This course provides a glimpse into the life-changing experience of a young doctor in an evolving country, Tanzania, from 1973-2012.

The adventure starts in 1963, in the soon-to-be independent Tanganyika, with a naive medical student, in a remote mission hospital. While the conditions were primitive, the experience was life-changing and inspirational for further training and global medical experiences in Viet Nam, Haiti, New Zealand, and Australia.

In 2008, the now-experienced physician returned to Mwanza, Tanzania, the second largest city, and a regional medical center and medical school. The hospital was initially substandard in its services but evolved rapidly. The large number of patients received increasingly state of the art AIDS care, and even open-heart surgery by 2012. Working with an African staff and students, mostly Muslim, and finding mutual respect and admiration, together they dealt with the overwhelming disease burden.

This was a 50-year odyssey of fantastic experiences and new perspectives in an ever-evolving country entering the modern age.



Don Catino

Dr. Catino is a retired board-certified internist, geriatrician, and acupuncturist, with 60 years of experience in the teaching and practice of medicine in Haiti, Viet Nam, Australia, New Zealand and Tanzania, as well as in New London, NH. He is an associate professor of Medicine at Dartmouth Medical school where he continues to teach. He has taught prior AIL courses, most notably, on the "Normal Aging Process."



Carol Emanuelson

Carol Emanuelson has been active with AIL for three years. Before retiring, she was an assistant professor of fashion design at Lasell College (now Lasell University) in Newton, MA. She taught courses in design concepts, fashion illustration, historic costume, knitwear design, apparel product development, and courses in the core curriculum. Proficiency in drawing, color theory, and art history are requirements for fashion illustration and design. Prior to teaching, she designed for Nic + Zoe, Sigrid Olsen, and Lauren for Ralph Lauren. She has a BFA from the Fashion Institute of Technology (FIT) and an MBA from Babson College.

Basic Drawing

Study Leader: Carol Emanuelson

Wednesdays, 3:30 - 5:30 p.m.

5 weeks beginning June 21 (6/21, 6/28, 7/5, 7/12, & 7/19)

AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

Maximum number of participants: 18

This is an introductory class for those who want to draw, but don't know where to start. Drawing involves learning to mark what you see on paper. You will learn from instructions, demonstrations of technique, in class exercises, critique sessions, and homework assignments. Please plan on spending a minimum of 4 hours drawing on your own time in between each class meeting.

All the work in this class will be done with graphite pencils and sketch paper. Each person in class can expect to learn some new terms and an appreciation of art fundamentals. There will be plenty of time for questions, experimentation, and fun.

Week 1: A Fine Line - Line drawing, line quality, and contour

Week 2: You are About to Enter Another Dimension - Light and shadow, shading, angles and perspective

Week 3: Everything is Relative - Placement, relationship of objects, and dramatic light

Week 4: About Face - Self-portrait drawing

Week 5: Wrap-Up - Critique of Self Portraits

Required Course Materials:

Participants will need to bring a drawing kit to the first class session. Details will be provided following registration for the course. Cost of materials is approximately \$20.

How to Self-Publish Your Book

Study Leader: Tom Farmen

Thursdays, 9:30 - 11:30 a.m.

3 weeks beginning June 22 (6/22, 6/29, & 7/6)

AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

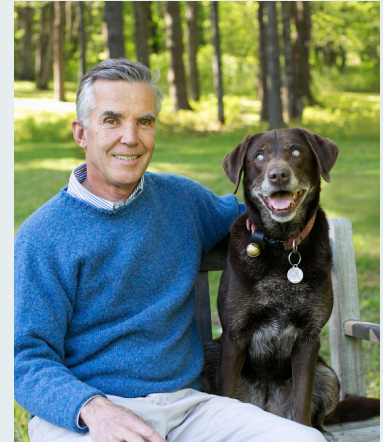
Maximum number of participants: 35

This fun, three-session course will work through the checklist of items and the associated costs that are necessary before your creative plot, dazzling photographs, delicious recipes or expository masterpiece can find its way to a stranger's bookshelf or coffee table.

Writing a book is generally easier and more enjoyable than self-publishing the manuscript. Holding that final product in your hands and noting the first sale is wonderfully gratifying and well worth the effort.

Discussion topics will include:

- Self-publishing vs. using a literary agent
- Choosing test readers
- Building a budget
- Selecting a title
- The editing process
- Copywriting your work
- Offering hardcover, paperback, e-book versions
- Choosing your front and back cover designs
- Selecting a self-publishing/printing company
- Registering your bar codes
- Choosing fonts and page design
- Pricing decisions
- Distribution channels



Tom Farmen

Tom Farmen and his wife Ashley worked in partnership at the same boarding school for over four decades. They now live in rural New Hampshire, pursue a variety of outdoor interests and are active volunteers. Tom serves on the board for several non-profit organizations, including Special Olympics of New Hampshire, and he is a greeter at Mount Sunapee ski area.

Tom's self-published book, *Bessie's Story - Watching the Lights Go Out*, chronicles the journey of his charming, brave chocolate lab who gradually lost her eyesight. In the process, Bessie unwittingly became an expert mentor and teacher for the high-wire act of growing older with grace and optimism. The book is featured in bookstores and libraries throughout New England and has sold nearly 3,000 copies.



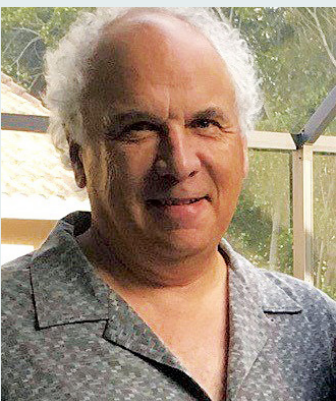
Beverly Marshall



Lee Mayman



Ginger Milord



John Peterman

Four by Four: A Festival of Summer Films

Study Leaders: Beverly Marshall, Lee Mayman, Ginger Milord & John Peterman

Thursdays, 3:00 - 5:30 p.m.

4 weeks beginning June 22 (6/22, 6/29, 7/6, & 7/13)

AIL Classroom, Lethbridge Lodge, Colby-Sawyer College

Maximum number of participants: 35

Ferris wheels. Campfires. Sand castles. Flip flops. Baseball. Cotton candy. Romantic walks on the sand. If you close your eyes and think about each of those images, one thing is certain: it's summer!

Take a vacation with us through the magic of film! We've curated four wonderful movies – each with a summer theme – to entertain you this summer.

During our class time together, we'll show each film from start to finish and use the remaining time to discuss the movie. Prior to class, participants will receive information about the week's film and other related material.

So, come splish-splash with us!

We will view:

Carousel, 1956; directed by Henry King (128 minutes)
-John Peterman

Summertime, 1955; directed by David Lean (99 minutes)
-Lee Mayman

Dirty Dancing, 1987; directed by Emile Ardolino (100 minutes)
-Beverly Marshall

Moonrise Kingdom, 2012; directed by Wes Anderson (94 minutes)
-Ginger Milord

Four by Four is a collaboration of four study leaders – Beverly Marshall, Lee Mayman, Ginger Milord and John Peterman – to create film series around themes that are meant to inspire, educate and entertain. Through the transforming power of film, we hope you will join us in this endeavor as we watch movies together.

2023



91ST SUMMER SEASON

Single Tickets **Now On Sale!**



June 14th to June 25th



June 28th to July 9th



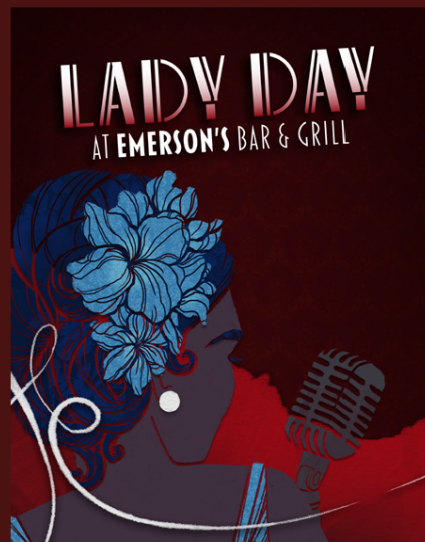
July 12th to July 16th



July 19th to Aug. 6th



Aug. 9th to Aug. 20th



Aug. 23rd to Sept. 3rd

FEATURING:

- ★ 64TH ANNUAL STRAW HAT REVUE
- ★ SPOTLIGHT CABARETS
- ★ CHILDREN'S THEATER SERIES

Questions? Please call the box office at:

603.526.6710

Visit us online at

NLBARN.ORG

Course Registration/ Summer 2023

Courses start the week of June 20, 2023

If my first choice is not available, my second choice is:

If my second choice is not available, my third choice is:

I have registered for two or more courses this term. My free course selection is:

AIL MEMBERSHIP

As an AIL member and participant in the programs and activities of Adventures in Learning at Colby-Sawyer College, you are agreeing to the following:

PHOTOGRAPHY AND MEDIA RELEASE: I give AIL permission to use photographs of AIL classes and events that include my image for publicity and publications, i.e., course catalogs, newsletters, brochures, rack cards, website, newspaper ads, signs, etc.

COMMUNICATIONS: I understand that all AIL staff and volunteers will communicate with me via email, phone, and U.S. mail. I understand that AIL will not sell or use my information for third party solicitation purposes.

WAIVER OF LIABILITY AND INDEMNIFICATION: I agree to indemnify and hold harmless Colby-Sawyer College and Adventures in Learning and their respective officers, agents, employees, and volunteers from any and all claims, actions, suits, procedures, costs, expenses, damages, and liabilities, including attorney's fees, brought as a result of my involvement in any activities of AIL including but not limited to classroom or lecture hall presentations, field trips, outdoor events, and any transportation that may be associated with these activities.

Please check here if you are a first-time member.

Prefix _____ Name _____

Name for name tag _____

Mailing address _____

Town _____ State _____ Zip code _____

Phone _____ Email _____

Emergency contact _____ Phone _____

Important information, including course confirmations, special events, and alerts are sent via email. If you think we might not have your correct email, please list it above.

Please check off the course(s) for which you wish to register.

- | | | |
|---|---------------------------|------|
| <input type="checkbox"/> It's All About the Hike | Tues., 9:30 – 11:30 a.m. | \$40 |
| <input type="checkbox"/> Oral Storytelling | Tues., 3:30 – 5:30 p.m. | \$50 |
| <input type="checkbox"/> A Medical Odyssey in Tanzania | Wed., 9:30 - 11:30 a.m. | \$40 |
| <input type="checkbox"/> Basic Drawing | Wed., 3:30 - 5:30 p.m. | \$50 |
| <input type="checkbox"/> How to Self-Publish Your Book | Thurs., 9:30 – 11:30 a.m. | \$40 |
| <input type="checkbox"/> Four by Four: A Festival of Summer Films | Thurs., 3:00 – 5:30 p.m. | \$50 |
| <input type="checkbox"/> Membership: February 1, 2023, through June 30, 2024 | | \$75 |

Total: _____

Sign up for courses and 2023-2024 membership online at www.ailcsc.com/courses or with this form and a check, payable to Colby-Sawyer College.

Course registrations are due by Friday, June 2, 2023.

2023-2024 Curriculum Committee

Nancy Marashio, chair
Sage Chase
David Click
Carol Emanuelson
Joanna Henderson
Kathleen Hunter
Julie Machen
Ginger Milord
Carolyn Rayno
Scott Rappeport
Pat Tivnan
Katrina Wagner

The Curriculum Committee of Adventures in Learning is delighted to bring you 6 courses for the summer 2023 term. All courses begin the week of June 19.

This term, we welcome and look forward to the contributions of new study leader, Susan Chiarella. We thank all of our volunteer study leaders and lecturers for giving so generously of their time and expertise to make the summer courses possible.

We also wish to thank Colby-Sawyer College for providing classroom space, and our community partners, Sunapee Ragged Kearsarge Greenway and New London Barn Playhouse for their willingness to collaborate.

Registration Process

- » Conveniently pay from the comfort of your home using the college's safe and secure online payment system, Storefront, at www.ailcsc.com/courses.
- » When registering for courses and paying membership dues online, multiple transactions can be made with a single payment.
- » Alternatively, you may complete a paper form and mail it to the AIL Office or drop it off in the AIL mailbox located in the vestibule of Lethbridge Lodge. ***No payments will be processed over the phone or in person.***

AIL Free Course Option

If you register for two or more courses, you may sign up for one additional course at no extra cost until the end of the registration period. To register for the free courses, click on "AIL Free Course Option" that appears at the bottom of the course listing in Storefront under "AIL SPRING COURSES." Placement in the additional course will be made as space permits, and on a first-come, first-served basis. There is no guarantee that you will be placed in the course when you use the "AIL Free Course Option."

Name Badges

AIL requests that all participants wear a name badge when attending courses. Course participants who have not already received a permanent name badge will receive an adjustable, lanyard-style badge to be used in all future AIL courses. Participants should be sure to store their badges in a safe place. Replacement fee is \$5.

Guest Policy

Many of our courses are oversubscribed and have a waiting list. As a courtesy to our membership, please remember that attendance in AIL courses is reserved only for those members who have registered and been enrolled in the course, as confirmed by an email from the AIL Office.

Adventures in Learning

Colby-Sawyer College
541 Main Street
New London, NH 03257

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Address Service Requested



Adventures in Learning Office

Currently located on the ground floor of Danforth Hall, the AIL office kindly asks that you call to schedule your visit.

Staff:

Nina Tasi, Program Manager, (603) 526-3690
Sarah Jenness, Program Assistant, (603) 526-3434
adventures@colby-sawyer.edu