

# **Keep Your Mind Young**

"Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young."

- Henry Ford

When John Peterman decided to give this fall's course, "Stars Born in 1921," little did he know that he would have a superstar centenarian taking his class who has outlived all his subjects. Bradford resident Louise (who goes by Weezie) Clark made sure to let me know that she no longer is 100 years old but 100-plus, as she was born on July 19, 1921. Weezie especially enjoyed the session on Esther Williams, her idol when she was a teenager — "How could she keep smiling while swimming underwater and doing all those tricks?". Peterman's course was her first at AIL but she intends to take more, especially if they are given in person — she says that the TV remote is the limit to her technological expertise. In every other way, Weezie is up to date, optimistic and excited about the advancements in modern life, especially the role of women.

Weezie stays active mentally and physically, drives herself (more later on this subject!), swims, sails, plays bridge and takes lifelong learning courses at LINEC in Henniker (a favorite study leader is AIL's Joanna Henderson). Her secret to longevity? "Butter, salt, and bourbon after 5 pm." Her real secret, however, is she is not a worrier; stress is not a part of her life. As well, she is thankful for good health, eyesight and hearing, wonderful friends and a supportive extended family of children, grandchildren and great grandchildren (even officiating at two of their marriages, one at the top of Mt. Sunapee).

Age is no obstacle for Weezie — except when she went to *Continued on page 6* 



Photo by Abby Hutchinson

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# President's Message

The poems of Robert Frost, possibly America's most enduring poet, speak to me on many levels. His immortal lines resonate:

"[As I] watch [our] woods fill up with snow..... I have promises to keep, And miles to go before I sleep."\*

Adventures in Learning "promises" to our members a commitment to excellent lifelong learning experiences.

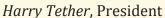
The AIL Board recently accepted the 2026 Vision Task Force Report defining some strategic priorities to be accomplished during the next five years. These "promises" prioritize support for our study leaders, new technology for remote students and enhanced AIL presence in our communities. Your staff and Board Committees are working together on these priorities and will not "sleep" until these improvements are completed.

The pandemic, although a continuing concern, has not disrupted AIL's ability to deliver on its mission of providing stimulating classes and social engagement to adults in the Kearsarge-Lake Sunapee region. AIL numbers over 415 members and 610 course registrations as we begin the second half of our fiscal year. Your membership, course participation and donations are truly gratifying.

I would like to remind our members of the valuable partnership we enjoy with Colby-Sawyer College. Excellent classroom space, staff offices, technical support and collaborative leadership assist AIL to deliver on its mission.

Whether you prefer an in-person or a ZOOM course, I thank you for taking advantage of AIL's program. You are our sustainers, and we will not "sleep" as we work to earn your trust and appreciation.

Warm wishes for a happy and healthy new near!





### ADVENTURES IN LEARNING

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### **Vision Task Force 2026**

We can all be extremely proud and grateful for the many ways that Adventures in Learning enriches our lives and aids in community building. AIL offers a variety of outstanding courses given by gifted study leaders. We have many wonderful volunteers and two dedicated and talented staff members. We also have a very warm and valued relationship with Colby-Sawyer College.

To maintain the high quality of all we value in AIL, in the Spring of 2021, the 2026 Vision Task Force was formed to fulfill the charge given by the AIL board to develop a second five-year plan of objectives for consideration and implementation. (The first Vision Task Force 2021 goals are nearing completion.) We understood our purpose was to create an aspirational document that would stress AIL's overall focus and hopes for the next five years but not offer specific plans of action. That is the work of each committee, particularly Curriculum, Membership and Communications. They will review and prioritize their own goals and then work in concert with the others as needed, including the Finance, Governance and Nominating Committees as well the Program Manager, Program Assistant and CSC staff.

The Task Force met weekly in the AIL classroom to review what had and had not been accomplished outlined in the 2021 Report, share gathered data and opinions and meet with the Joint Planning Committee, chairs of committees and leadership at CSC for their insights, advice and recommendations. The final steps were to prioritize what stood out as the primary needs, create a written report and, finally, offer a PowerPoint presentation to be reviewed and discussed. The report was accepted at the October Board meeting.

The three top-tier actionable priorities that emerged out of many are to enhance AIL's presence in the Kearsarge-Lake Sunapee and Colby-Sawyer College communities, make strides to meet the growing needs of the Curriculum Committee, and ensure that our technological abilities, particularly as they relate to PowerPoint presentations and Zoom, are current and understood by study leaders.

-Katrina Wagner

Vision Task Force 2026 Derek Hunt - Chair, Abby Hutchinson, Ginger Milord, John Peterman, Dick Showalter, Harry Tether, Katrina Wagner



### **Lunch & Learn** returns this winter term with

four wonderful presentations, February through May. Each presentation takes place at lunchtime in the AIL classroom in Lethbridge Lodge. Admission is free and open to AIL and community members. However, *advanced registration is required* and, due to space constraints, limited to 35 attendees.

The Lunch & Learn concept is simple! Meet at 11:45 a.m. in the AIL classroom with a bag lunch for some socialization prior to the presentation. Presentations run from 12:20 to 1:05 p.m. leaving 10 minutes for Q & A at the end.

Registration opens at the beginning of each month via AIL's monthly e-newsletter, *Noteworthy News*. You can only register for one presentation at a time.

### **Lunch & Learn Schedule**

Wednesday, February 16

Floating Down the Noatak
with speaker Tod Lloyd

Wednesday, March 16 **Antarctica in My Lens**with speaker Mary Eysenbach

Wednesyday, April 13

**Floating Through and Above our Beautiful World** with speaker Peter Bloch

Wednesday, May 18

**Gen. Claire Chenault: Leader of the Flying Tigers, WWII** with speaker Don Wright

Non-course AIL live events, such as LUNCH & LEARN, may be affected by CSC COVID guideline updates. Please make sure to read Noteworthy News to keep informed.

# Remembering a Wonderful Fall

Here are some photos from last fall's courses and Science Pub. As always we would like to thank the showcased study leaders and presenters for their hard work, Joan Eaton & Abby Hutchinson for their wonderful photos and all AIL members for their participation. *Thank you!* 















Photo by Joan Eaton



Photo by Joan Eaton



Photo by Joan Eaton



Photo by Abby Hutchinson



Photo by Joan Eaton



Photo by Abby Hutchinson

# **Mountain Day 2021**Nina & Kacie's View from the Top



A fun Colby-Sawyer College tradition, Mountain Day is a highly anticipated event each fall. Last year, Mountain Day fell on a day where the office was unable to participate, so they embarked on their own adventure and climbed Mount Kearsarge as a duo.

# **New Parking Spot**



We now have our own parking spot reserved for AIL members! It is located just a short walk up the drive to Danforth Hall. Please use this when popping into the office for a 1-on-1 meeting (longer than 15 minutes). If visiting 15 minutes or less, please feel free to park in the fire lane in front of the building. We are glad that this parking spot will bring the office some much needed accessibility.

# **Keep Your Mind Young**

(Continued from page 1)

renew her driver's license this summer and confronted a case of ageism (prejudice or discrimination on the grounds of a person's age). Her first and second attempts with the same examiner were unsuccessful at the Concord DMV even though she followed all the driving rules in the road test. So Weezie drove to the Claremont DMV where she passed in flying colors on the first try!

Since 2013, Weezie is the holder of the Boston Post Cane given to the oldest resident of Bradford. Her life was featured in an article by John Warren in last summer's issue of the Soonipi Magazine. Weezie is a bit embarrassed by all the attention she is getting and says she is nothing special, but the number of honors coming her way this year celebrating her 100-plus years of a full and active life certainly indicate otherwise.

Adventures in Learning is pleased to add their best wishes and acknowledge a remarkable member. Happy 100 + birthday Weezie!

-Betsy Boege

### **ART EXHIBITION**

Richard Haynes: Culture Keeper, Culture Maker



When: Feb 3 - May 7, 2022 Where: Davidow Center for Art + Design, Colby-Sawyer Campus

Richard Haynes and his family were part of "the Great Migration" and moved to Harlem in 1958. Through his art, Haynes recreates the plight of Black America. The images are derived from his memory and are often brightly colored with undeniable hope.

# **AIL Achievement Scholarship**

### 2021 Recipient: Brenna Tobin

Hometown: Plymouth, Mass.

Major: Nursing CSC Class of 2023

It was my distinct privilege to spend time with Brenna Tobin in the Colgate lounge at Colby-Sawyer College recently. Though we were both masked, I could see the glow in Brenna's eyes when she expressed her sincere appreciation for being chosen this year's recepient of the Adventures in Learning Scholarship of \$1,700. Brenna is the first in her family to attend college . They must be as proud of her as AIL members are.

While Brenna's father worked hard at construction jobs, her mother stayed home to care for her daughter Hailey, who is 2 years older than Brenna. Brenna had bacterial meningitis as an infant, and both children have auto immune diseases. Life revolved around doctors' visits, emergency room and inpatient hospital stays, home health nurses and weekly IV treatment, to name a few routines. Brenna describes it best: "Despite all the downsides of being ill as a child, I have gratitude for the journey. My home health nurses are my greatest role models and without them I would not have been shown empathy or the importance of patient relationships."

The Tobins live in the close-knit oceanside community of Plymouth, Mass. Brenna had always wanted to be a nurse, and she had several choices of where to pursue that dream. She had neighbors with a daughter who had attended Colby-Sawyer College. It was that relationship that lead to Brenna matriculating at CSC. She has excelled in her studies, as membership in the Wesson Honors program attests. And as a peer mentor in the Student Nurse Association, she enjoys communicating with the underclassmen and "giving advice!" She also values the opportunity to take other courses such as writing, where her professor, Mike Jauchen, really "listened" and helped her immensely.

Brenna's experiences at CSC have helped her gain self-confidence. The summer of 2021, she was able to stay on campus to attend a two-session LNA internship at Dartmouth. There were 20 students in each session, where the lectures covered many subjects. But being exposed to pediatrics and outpatient clinics were particularly interesting to her.

Dancing has been a major part of Brenna's life. In high

school, she enjoyed tumbling and she became an all-star cheerleader. So her involvement in the CSC Dance Club has been a natural extension. She is the technical liaison for the club. The club gives her an important stress release from the intensity of the nursing program as well as an opportunity to get to know other



Brenna's goal after CSC is to be a pediatric nurse at either Boston Children's Hospital, Tuft's Medical Center or Massachusetts General Hospital, where she has an intimate relationship having been a patient at all three. Each facility would benefit greatly in employing her!

The picture attached to this article was taken on the Artists Bluff trail in Franconia Notch, and depicts the spirit of an extraordinary human being!

-Janie Webster

### Past AIL Scholarship Recipients

2020 - Alyssa Bergeron

2019 - Tatianna Bates

2018 - Daniel Gillis

2017 - Alexandra Harris

2016 - Ashley Ruseski

2015 - Jaclyn Cinelli

2014 - Maura Kane

2013 - Shaina Driscoll

2012 - Lauren Rocheleau

2011 - Ashley Reynolds

2010 - Kimberly Arena

2009 - Michael Bisset

Since its origin in 2009, the Adventures in Learning Achievement Scholarship has contributed a total of \$23,600 to these wonderful and deserving students.



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### ADVENTURES IN LEARNING

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Adventures in Learning's *Horizons* highlights the activities of the lifelong learning program at Colby-Sawyer College.

## **Spring Term at a Glance** Courses start the week of April 11 unless otherwise noted

### **MONDAY**

○ 1:30 – 3:30 p.m. **The Many Face of Genesis** / Jay MacLeod & Art Rosen

In-person Course

Online via Zoom

**TUESDAY** 

♦ 9:30 – 11: 30 a.m. **Explore Your Creative Voice** / Diane King

9:30 – 11: 30 a.m. The Arctic Dream/ Kathleen Hunter [Starts May 3]

○ 1:30 – 3:30 p.m. **The Art of Questions /** Nancy Marashio

WEDNESDAY

© 9:30 – 11: 30 a.m. **First Ladies of Style and Substance**/ Carol Emanuelson

○ 4:00 – 6:00 p.m. **Appreciating The Italian Renaissance Anew** / Morris Edwards & Julie Machen

**THURSDAY** 

9:30 – 11:30 a.m. Animal Minds: Much Smarter Than You Thought / Thea Lahti [Starts April 7]

○ 1:30 – 4:00 p.m. **Films of Audrey Hepburn**/ Lee Mayman

**FRIDAY** 

9:30 - 11:30 a.m. **Appreciating & Understanding the Architecture of Frank Lloyd Wright** / Steve

Solomon